



Harmonize life energy  
Relax the body  
Refresh the spirit



Through the quiet application  
of hands

# Jin Shin Jyutsu® 5-Day Basic Seminar

Nashville, TN

July 7–11, 2018

Saturday—Wednesday

with Carlos Gutterres

## *Jin Shin Jyutsu Physio-Philosophy*

is an art rooted in ancient principles for harmonizing life energy in the body. Through its sequences of gentle touch on specific areas, called Safety Energy Locks, it can help to balance body, mind, and spirit.

Appropriate for people of all ages and states of health, it can be applied by a practitioner or used as self-help. Many clinics now teach and provide Jin Shin Jyutsu as complementary care, including UCSF Osher Center for Integrative Medicine.

Jiro Murai researched and developed this art in the early 1900s. After restoring his health from a terminal illness at age 26, Jiro devoted his life to studying and understanding the process that helped him. He passed his knowledge of Jin Shin Jyutsu on to Mary Burmeister, who brought it to the United States in the 1950s.

**Carlos Gutterres** is a Jin Shin Jyutsu 5-Day Basic and Now Know Myself instructor. He is from Brazil, was born and lives in Porto Alegre. As a young man, his keen interest in the mysteries of nature and human beings led him to study philosophy, psychology, numerology, astrology, Kabbalah, and many other forms of expression of ancient wisdom.

In the 1990s he felt the need for a channel to express everything he had been studying. He then found the healing arts, first learning flower essence therapy and becoming a researcher and practitioner, then Reiki, and finally Jin Shin Jyutsu. He developed a flower essence system called Vida and authored the book, *A New Purpose of Vibrational Healing*. Since 2002 he has been dedicated to the study, practice, teaching, research and dissemination of Jin Shin Jyutsu in Brazil and around the world.



Carlos Gutterres

“Text 1 and 2...represent perfect fractions of the Art of Jin Shin Jyutsu.

Complementary and inseparable, these texts are like exhale and inhale.

No one survives by only exhaling or inhaling.

The manifestation of Life needs both.”

—Carlos

The Main Central #19

# Jin Shin Jyutsu®

## 5-Day Basic Seminar Registration Form

Nashville, TN, July 7–11, 2018, Saturday—Wednesday  
with Carlos Gutterres

The 5-Day Basic Seminar is for those wanting to study and practice Jin Shin Jyutsu and apply the art on themselves and others. Part 1 (first 3 days) includes the Safety Energy Locks, the Trinity Flows, the Depths and the Physio-Philosophy of the art. Part 2 (last 2 days) includes the Organ Flows, Listening to the Pulses, Special Body Flows and how these contribute to harmonizing body, mind and spirit.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

I can bring a table and sheets:  Yes  No

I would like to share a room:  Yes  No

I need Continuing Education Units:  Yes  No

### Organizer

Valerie Dennison  
(615) 414-8899

[Valerie@omniquestliving.com](mailto:Valerie@omniquestliving.com)

### Co-organizer

Brant Keany  
(615) 386-3337

[bcvkeany@gmail.com](mailto:bcvkeany@gmail.com)

### Other Links

[JSJnashville.com](http://JSJnashville.com)

[JSJinc.net](http://JSJinc.net)



### CEUs & Certificates

CEUs are available for nurses, acupuncturists, and massage therapists certified by NCBTMB.

Certificate of Completion after one 5-Day Seminar, Student Practitioner Certificate after three 5-Day Seminars.

### Tuition

Standard tuition paid in full by first day of class. \$100 cancellation fee after 6/7/2018.

Early Bird tuition paid in full by 5/8/2018. \$100 cancellation fee thereafter.

New students receive Texts 1 and 2 at class. Reservation: \$100 deposit to secure a space.

### To Register with Check

Make check payable to **Carlos Gutterres** and mail with registration form to:

Valerie Dennison  
311 Lakeview Circle  
Mt. Juliet, TN 37122

### To Register with Credit Card

Use the JSJinc.net website for payment:

[Nashville.TN.JSJ.classes](http://Nashville.TN.JSJ.classes).

Email registration form to Valerie Dennison.

### Hotel

[Quality Suites Nashville Airport](http://QualitySuitesNashvilleAirport)

(615) 883-0114, ask for JSJ rate \$129.00  
2615 Elm Hill Pike, Nashville, TN 37214

### Class Location

Quality Suites Nashville Airport

	Tuition	Full	EB
	Both parts	\$930	\$840
New Student	Part 1	\$560	\$505
	Part 2	\$370	\$335
Review Student	Both parts	\$605	\$545
	Part 1	\$365	\$330
	Part 2	\$240	\$215
Day Audit		\$160	