

Jin Shin Jyutsu®

Now Know Myself

*Wayne Hackett
Carlos Gutterres
Sara Harper*

*Tampa, FL
Oct. 25-29, 2017
Wednesday
through Sunday*

*“No one has the capacity
to heal anyone but himself.”
—Carlos*

*“...perhaps Lao Tzu was sitting on his hands
when he said, “The way to do is to be.” ”
—Wayne*

Jin Shin Jyutsu Physio-Philosophy

is an art rooted in ancient principles for harmonizing life energy in the body. Through its sequences of gentle touch on specific areas, called Safety Energy Locks, it can help to balance body, mind, and spirit.

Appropriate for people of all ages and states of health, it can be applied by a practitioner or used as self-help. Many clinics now teach and provide Jin Shin Jyutsu as complementary care, including UCSF Osher Center for Integrative Medicine.

Jiro Murai researched and developed this art in the early 1900s. After restoring his health from a terminal illness at age 26, Jiro devoted his life to studying and understanding the process that helped him. He passed his knowledge of Jin Shin Jyutsu on to Mary Burmeister, who brought it to the United States in the 1950s.

Now Know Myself Seminar

This class is a special experience created to explore your deepest roots, the depths of our nature and ask your innermost questions. Discover why Mary says this art is “a way of Being to help MYSELF, help others and to know Cosmic Oneness.”

In this seminar, students with a foundation in Text 1 and 2 gather to delve deeper into the Art of Jin Shin Jyutsu. This class will be a dynamic dialogue amongst the instructors and the students. We’ll enjoy body reading and hands-on each day, In this community of no competition and lots of collaboration, there will be support for your curiosity, questions, and discovery.

We’ll study and practice 10 Special Flows that Jiro Murai gave to Mary for projects caused by our modern lifestyle. Focusing with 1st, 4th and 3rd Depth, these flows deeply clean, regenerating mind and body.

*“In what seemed like rough times,
I started finding all the things that I am grateful for.
My family and I all had our health, our lives, and livelihood.
...Sometimes one has to start with the bare basics.”
—Sara*

Now Know Myself

Wayne Hackett

was born and raised in California, graduating from high school in Tehachapi, California. He attended Abilene Christian University in Abilene, Texas, where he majored in pre-dental studies. He was accepted into the



University of Oregon Dental School; however, later chose to return to Abilene Christian University, where he received a B.S. Ed degree, specializing in the sciences and secondary education. In Texas, he worked in both state and private institutions as a teacher and counselor.

In 1972, he moved to Boulder, Colorado, where his interest turned towards holistic health and education. Structural integration (the work of Dr. Ida P. Rolf) shaped and focused much of his early study. On November 14, 1977, Wayne met Mary Burmeister, who has been his teacher and inspiration since that day.

Wayne currently makes his home on the Island of Kauai in Hawaii, where he continues his Jin Shin Jyutsu study and maintains a private practice. Wayne travels extensively, presenting Jin Shin Jyutsu lectures in the United States and throughout the world. He has a particular fascination with the esoteric significance of symbols (numbers) and cosmic geometry.

Sara Harper

lives in Tucson, AZ with her family. Sara received her first session with Mary when she was fourteen in 1973. She has studied with Mary since 1983. Sara has been a Jin Shin Jyutsu instructor since 1992



teaching the "Living the Art" 3-day workshops, and Self-Help. Sara also teaches the Basic Five Day seminars, Mentoring, Special Topics, and Now Know Myself.

Sara has a Bachelor of Science in Business and Marketing and worked in Business for several years. After a traumatic car accident in the early 1980's she had a life changing experience during her sessions with Mary Burmeister.

Sara has studied psychology, numerology, dance and loves the mysteries of life and nature. Sara teaches in an experiential and elemental way as to embody the journey of learning.

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The Teachers

Carlos Gutterres

is from Brazil and was born in Porto Alegre. Since he was very young he has had a deep interest in the mysteries of nature and the human being, and throughout his life has pursued the study of philosophy,



psychology, numerology, astrology, and Kabbalah. He has been associated with several philanthropic and spiritual organizations, including one that he founded.

After working in industry for two decades, he felt he needed a channel to express everything he had been studying. He found this channel in the healing arts, first learning flower essence therapy and becoming a researcher and practitioner, then Reiki, and finally Jin Shin Jyutsu. He developed a flower essences system called Vida. He is the author of many articles and the book, A New Purpose of Vibrational Healing. As a student and practitioner of Jin Shin Jyutsu in Brazil, he has been committed to sharing awareness of the Art through articles, talks, interviews, self help classes, and study groups throughout the country.

Carlos lives on a ranch near Porto Alegre with his wife, Vivian, where he enjoys contact with nature, and in this peaceful place continues his studies. He has three children from his first marriage: Daniel, Leonardo, and Vivian.

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Now Know Myself Registration Form

*Tampa, FL, Oct. 25-29, 2017, Wednesday - Sunday
with Wayne Hackett, Carlos Gutterres, and Sara Harper*



*The weather here
in October is beautiful!*

Name:

Address:

Email:

Phone:

I can bring a table and sheets: Yes No

I would like to share a room: Yes No

I am local and can house a student: Yes No

I need Nursing or Massage CEUs: Yes No

Pre-requisite

at least three 5-Day Basic Seminars

CEUs & Certificates

CEUs are available for massage therapists certified by NCBTMB or State of Florida

Organizer

Melissa Alday
(813) 748-7929

MelissaAlday@gmail.com

Co-organizer

Kathy Fleming
(813) 340-0727

kathymfleming1@gmail.com

Tuition

New NKM Student: \$975 Early Bird: \$875

Review NKM Student: \$835 Early Bird: \$750

\$100 deposit secures your space. Standard tuition must be paid in full on or before first day of class. Cancellation fee \$100 after Sept. 25, 2017.

Early Bird (EB) must be paid in full by Aug. 26, 2017. \$100 cancellation fee after EB date.

To Register with Check

Make checks payable to: **JSJ Inc.** Mail to:
Melissa Alday
7000 5th Street North
St Petersburg, FL 33702

To Register with Credit Card

Do not email credit card information.

Preferred: Use the [JSJinc.net website](http://JSJinc.net) to pay. Select Classes » NKM » location Tampa or use this link: Tampa NKM 2017 and email enrollment form to Melissa Alday.

Alternate: phone credit card information to Melissa Alday.

To Register with Cash

Contact Melissa Alday.

Class Location & Hotel

Ramada Westshore Tampa Airport

1200 N Westshore Blvd, Tampa, FL 33607

To book, call (813) 282-3636 at least 30 days before class and ask for the JSJ \$76 rate.

The hotel has a free shuttle from TPA international airport.